



PREPARATION FOR COMING TO THE U.S.

GET ORGANIZED

- ARRANGE LIVING SITUATION
- UPDATE RESUME (US FORMAT)
- POST RECENT LINKEDIN PHOTO
- GET PERSONAL BUSINESS CARDS AND STATIONERY
- COMMIT TO THE PROCESS - FOLLOW UP!
- AIM FOR 3-4 INFORMATIONAL INTERVIEWS PER WEEK



NETWORK 'AMERICAN' STYLE

- IDENTIFY YOUR EXISTING CONTACTS AND BUILD UPON IT TO EXTEND YOUR NETWORK
- AIM FOR 1-2 REFERRALS PER INFORMATIONAL INTERVIEW
- SPECIFY WHAT YOU'RE LOOKING FOR
- FORM A MUTUAL SUPPORT CIRCLE

BECOME YOUR OWN BRAND AMBASSADOR

- INTRODUCE YOURSELF AND ENGAGE TO STAND OUT FROM OTHERS
- BE PROACTIVE, TIMELY AND PROFESSIONAL
- BE CONFIDENT IN YOURSELF, YOUR ABILITIES AND YOUR ACHIEVEMENTS



AVOID A LIMITING MINDSET

- THERE IS NO SUCH THING AS 'OVER-COMMUNICATING'
- DON'T GET STUCK IN YOUR OWN HEAD
- NOTHING WORTH DOING WILL BE EASY BUT THE PREPARATION WILL SET YOU UP FOR SUCCESS

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J-1 RESOURCE PAGE:
<https://www.ibonewyork.org/J-1-Resources>